

# Mother Seton House



You don't have to live at Mother Seton House to get help.

Check our facebook page for events and services, including:

- Mentoring
- Nutrition and Self Care
- Parenting
- Child Development
- Education
- DIY Crafts



support for pregnant women, new mothers and infants in need

Mother Seton House has free housing and support for pregnant women and new mothers in need. Single pregnant women, or single women with one child under the age of 1, are eligible.

Women are invited to live in community in our house in Fryeburg, at no cost, throughout pregnancy and until the baby's first birthday.

Applicants should leave a message with contact information at 207-935-1066. To learn more, visit us on facebook or at [www.mothersetonhouse.com](http://www.mothersetonhouse.com)



Mother Seton House is a private, nonprofit 501(c) 3 serving pregnant women and new mothers in difficult circumstances in rural Maine and New Hampshire since 2007.

We provide mentoring and academic and parenting education in a caring community, without regard to race, national origin, or religious affiliation.

Mother Seton House  
PO Box 673  
Fryeburg, Maine  
04037

